



VISIT TO AN OLD AGE HOME

April-May

Old-age homes run by Helpage India

Classes attended: VIII, IX, X



On 25th & 26th April 2019, the students of grades 8, 9 & 10 of Sanskriti School, Chanakyapuri, New Delhi visited the old age home, Guru Vishram Vridh Ashram situated in the bylanes of Gautampuri, New Delhi. More than fifty students, accompanied by teachers visited the facility to understand and experience the needs of that part of our community which has reached the autumn of their lives.

Dr G.P. Bhagat, founder of the old age home who has dedicated a significant part of his life to serve and care for the helpless old people, enlightened the students about the plight of the residents. He said that there were two hundred and fifty inmates at the Ashram, most of whom were unable to walk and perform their daily activities. Most of the elderly were suffering from dementia and Alzheimer's disease because of which they had significant memory loss. All these elderlies were rescued from roads, railway stations, temples and government hospitals. After they were brought in, they were given proper medical facilities, food, clothes, and medicines free of cost. This was the regular procedure that they follow.

It was an eye opening experience for the students as they empathized and gained awareness about those who are destitute and abandoned by their families. The students were shown all the facilities like the clinic, bedroom hall, physiotherapy centre, prayer hall etc. The inmates were very hospitable and friendly, and they welcomed us with their beautiful smiles. Few students entertained them by playing the piano, and the guitar and reciting poems. All the students asked a lot of questions from Dr Bhagat regarding the inmates and their care. He patiently resolved all the queries. It was an insightful experience for the students to interact with the inmates and get their blessings. They understood the value of their grandparents and that they should spend time with them.